



2019

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Community Action Agency of Delaware County, Inc. has been serving Delaware County's economically disadvantaged residents for over thirty years.

Like us on Facebook® @CAADC.org

TAXES!

Community Action Agency of Delaware County, Inc. (CAADC) is operating free Volunteer Income Tax Assistance (VITA) sites for a thirteenth year. This year CAADC will be hosting four sites serving low to moderate income families in Delaware County. All the sites are staffed with IRS trained and certified community volunteers and will aim to serve families who qualify for the Earned Income Tax Credit and the Child Tax Credit. Last year CAADC assisted nearly 900 households with completing their taxes.

The free sites are located at:

The Wesley House, 701 Madison Street, Chester, PA 19013
Sharon Hill Commons, 401 Sharon Avenue, Sharon Hill, PA 19079
The Boothwyn Office, 1414 Meetinghouse Road, Boothwyn, PA 19061
St. Alice Church, 150 Hampden Road, Upper Darby, PA 19082

The sites begin operation on January 26th and will continue through April 15th.

All sites are by appointment only with hours occurring Monday through Saturday (days and hours vary at each site)

To schedule an appointment please call (610) 833-4455.



SPRING FORWARD!!
March 10, 2019– Daylight Savings Time

Don't forget to set your clock a head one hour from 2 a.m. to 3 a.m. Sunday!

This is also a good time to change batteries in your smoke detectors!



YOU'RE AWESOME!

"Gretchen is amazing and I want everyone to know what a superstar she is. She puts in the work, truly cares and always has a smile on her face."
-Rapid Rehousing Client

STAFF SHOUT OUT

Editors: *Melissa Fager, Kahley McKenney*
Please call 610-874-8451 or e-mail TheLink@caadc.org with questions, comments, or suggestions.
Contributions made by: *Donna Lockings, Eileen McCoy, and Heather Parmely-Roegner*

PARENTING 101

"We liberate children not by making them work for our love but by letting them rest in it. We help a child face the separation involved in going to sleep or going to school by satisfying his need for closeness."

Dr. Gordon Neufeld

The Parent Lab

"There is no such thing as a 'bad kid' – just angry, hurt, tired, scared, confused, impulsive ones expressing their feelings and needs the only way they know how. We owe it to every single one of them to always remember that."

—EDUCATOR JESSICA STEPHENS

#727

It is easier to build up a child than it is to repair an adult... choose your word's wisely.

EVERY INTERACTION IS AN INTERVENTION

Dr. Karen Treisman

HOW TO RAISE A HAPPY CHILD BY IAN LANDAU

- **TEACH GRATITUDE**
- **LISTEN TO YOUR CHILD**
- **CREATE ROUTINES**
- **ENCOURAGE PHYSICAL ACTIVITY**
- **HELP YOUR CHILD HANDLE FRUSTRATION**
- **ALLOW UNSTRUCTURED, UNHURRIED TIME**
- **DON'T OVERINDULGE**
- **FOLLOW YOUR CHILD'S INTERESTS**
- **ALLOW YOUR CHILD TO BE SAD OR MAD**
- **TEACH YOUR CHILD TO DO MEANINGFUL THINGS**
- **BE A ROLE MODEL**



Jump Start Your Job Search with These Spring Cleaning Tips

The arrival of spring signals the start of a new season, and if you're searching for a job, it's a great time to clear the cobwebs in your job search.

• Keep It Fresh

Searching for a job is hard work. While you may be feeling weary of the process, be careful not to let it show in your search. Keep your attitude positive and demonstrate your interest and passion for the opportunity by being well-prepared and asking insightful questions.

• Re-Energize Your Search

Get out of the rut you're in by re-invigorating your search. Review your target list and add new companies to approach. Research those companies and identify contacts for informational interviews.

• Hone Your Interview Skills

If you're getting interviews but no offers, it's time for some fine-tuning. Identify common interview questions, as well as those you've already experienced. Practice writing out your answers and delivering the responses out loud. If possible, identify a resource to conduct a mock interview, and ask for extensive feedback.

• Fine-Tune Your Cover Letters

Are you sending out lots of letters but not receiving interviews? If so, it's time to review your cover letters. Is each one truly customized to the position? Do you demonstrate to the employer how you can address their specific needs and add value?

• Network Like Crazy

Maybe you've grown complacent in your search. Don't hide behind your computer and continue to submit online applications to no avail. **The single most important thing you can do in your job search is networking.**

• Try Something New

The very definition of insanity? Doing the same things and expecting different results. Instead of getting caught in that vicious cycle, try a new source of networking contacts, attend an event for the first time, explore different opportunities to utilize your skills and experience in a different way. **Experiment with something new each week for the next few months and see what you learn from the experience.**

As we all "spring forward" this season, keep in mind that it's the perfect time for a fresh start in your job search. Take advantage of this newfound momentum to refocus your energy and revise your tools and approach, and you'll be well on your way to finding yourself positioned for success!

<https://www.careerattraction.com/jump-start-job-search-spring-cleaning-tips/>

Goodwill Hiring Event Wednesday, March 6, 2019

9:30 am-2:00 pm



Must come into the Job Resource Center to register prior to the event.

201 E. Baltimore Avenue
Lansdowne, PA 19050
610-623-2973

Katayoun M. Copeland Delaware County District Attorney **Identity Theft Prevention & Drug Collection Free Event**

Items **accepted** personal documents, hard drives, cell phones, tablets, laptops and computers, expired and unwanted medication.

Date: Sat, March 23, 2019

Time: 9 AM until 12 PM

Location: 130 North Eagle Rd



STRENGTHENING FAMILIES PROGRAM

Who: Families with Children aged 6-11

What: 14 weeks, 2 hour group session

Where: Trinity Lutheran Church, Havertown, PA

When: Thursdays at 5:30 PM, beginning 3/7/19



This program is free and will provide dinner and childcare for siblings during the training sessions.

For questions or more information contact Lisa Schneller at

JOB LEADS

McDonald's Franchisee
2326 Market Street
Linwood, PA 19061



Hiring for the following positions.

Guest Experience Leader
Crew Team Member
Maintenance Person
Shift Manager
Overnight Crew Team Member

Domestic Abuse Project is Hiring for the following positions:



- Counselor
- Safe House Advocate
- Safe House Case Manager

Please send resume and cover letter to seekandfind@dapdc.org

Walgreens
Where: 4098 Edgemont Ave
Brookhaven, PA 19015

2608 Naamans Creek Road
Marcus Hook, PA 19061

Position: Customer Service Associate
To apply: Walgreens.com



Public Storage
Where: Newtown Square PA 19073
Salary: \$11.00 an Hour
Position: Customer Service Representative
To apply: apply on Indeed



MAKE SURE YOURS ISN'T ONE OF THEM!

Have your child's safety seat inspected for free at:
Middletown Fire Company
425 S. New Middletown Road • Media, PA
Third Thursday of every month • 10 a.m. to 1 p.m.

Visit chop.edu/safekids to make an appointment.

During your safety seat inspection, a trained technician will teach you the best way to install and correctly use your child's safety seat.

Remember to bring:

- The vehicle your child will be riding in.
- Your child's safety seat.
- Your child's safety seat manual.
- Your car owner's manual.
- Your child (if possible).

If you have several children who require safety seats, please bring them with you along with their child's safety seats. A technician will help guide you on the proper placement of each seat in the vehicle.

For information on keeping your kids safe and upcoming family events, visit chop.edu/safekids.



MOMMY'S CHAT & CHEW

Every Tuesday from 1:00 p.m. to 2:00 p.m.

Location: 2602 W. 9th Street, 3rd Floor Chester, PA 19013

This group meets at the Healthy Start and Nurse-Family Partnership offices.
(Please use the call button next to the elevator to come upstairs to the third floor.)



- This group is for new moms and moms-to-be.
- This is an open group, so come when you can.
- This is a time to come together to talk, support, and learn from one another about pregnancy and motherhood.
- Childcare and snacks will be provided.

Please contact Ashlynn with any questions or concerns at:
Office: 610-497-7324
Work Cell: 215-356-2523
Email: awittmann@delcofoundation.org



THE MOMMY CORNER



InJoy

Pregnant Moms

Earn \$\$\$ to go Shopping!

Sign up and join the conversation!

Mondays @ 11am

• Light Refreshments
Games • Child Care

130 E. 7th Street • Chester, PA 19013



CATHOLIC SOCIAL SERVICES
For more info Call Ms. Linda
At 610.798.7001 Ext. 400, 345, 3700